

Post - Sedation Instruction

- Fill out your prescription as soon as possible.
- Do not drink alcohol for 24 hours following surgery.
- Do not operate a motor vehicle or dangerous equipment for 24 hours following surgery.
- To control bleeding, firmly bite on folded moistened gauze for 30 minutes at a time, changing gauze when necessary until bleeding stops.
- If swelling occurs, apply a cold compress on jaw over the surgical site on and off for 30 minutes. Repeat throughout first 48 hours. The following day, to relieve discomfort, apply a hot moist compress on jaw over the surgical site on and off for 30 minutes.
- Eat soft nutritious foods, such as eggs, custards and soup. Drink warm liquids.
- DO NOT DRINK THROUGH A STRAW.
- Rest and avoid excessive activity.
- The following day, gently brush your teeth avoiding surgical sites.
- The following day, rinse with warm water and salt 3-4 times daily. Continue with salt-water rinses for two weeks.
- DO NOT SMOKE.